



Why your organisation should join a **HANDS BIKE RIDE**



## AN INTRODUCTION TO OUR RIDES

Imagine a workplace experience that builds stronger teams, enhances leadership skills, and leaves a lasting impact. A Hands bike ride is more than just a cycling challenge—it's a life changing journey that brings people together for a shared purpose. Our rides take participants on a five-day, 500km adventure through Thailand, offering an immersive and meaningful experience that extends far beyond the ride itself.





# WHY CHOOSE A RIDE WITH HANDS?

A Hands bike ride isn't just another corporate retreat. It's an opportunity for your team to grow, bond, and contribute to a cause that changes lives. Here's why companies choose to get involved:



## Strengthen Teams Through Shared Challenge

- Riding together fosters teamwork, communication, and resilience.
- Encourages mutual support, problem-solving, and accountability.



## Develop Leadership & Personal Growth

- Leaders emerge in high-pressure, goal-driven environments.
- Employees push beyond their perceived limits, building confidence and perseverance.



## Create a Culture of Wellbeing & Mental Resilience

- Promotes physical fitness, mental health, and stress relief.
- Encourages a work-life balance that supports overall well-being.



## Make a Meaningful Social Impact

- Every ride raises critical funds to support children's education and opportunities in Thailand.
- Employees take pride in being part of something bigger than themselves.



## Strengthen Business Relationships

- A unique networking opportunity for team members, executives, and partners.
- Deepens connections within your industry and organisation.



## A Cost-Effective Alternative to Traditional Incentive Programs

- Offers a richer and more impactful experience than luxury retreats.
- Delivers tangible personal and professional benefits that last beyond the event.



# WHAT DOES A HANDS RIDE LOOK LIKE?

Our model is simple yet powerful:

- **5 DAYS** of immersive cycling through Thailand
- **500KM** of challenging yet rewarding routes
- **\$5,000 FUNDRAISING COMMITMENT** per participant (this can be combined into a collective organisation or community goal)

Each day, riders push their limits while building lasting connections with their teammates. Evenings are spent reflecting, sharing stories, and strengthening bonds that carry over into the workplace. It's a unique balance of physical endurance, teamwork, and meaningful engagement.

## WHO IS THIS FOR?

A Hands ride is ideal for:

- **CORPORATE TEAMS:** Strengthen team dynamics, collaboration, and motivation.
- **EXECUTIVE LEADERSHIP TEAMS (ELT):** Develop strategic thinking and leadership resilience.
- **INCENTIVE & REWARD PROGRAMS:** Recognise and challenge high-performing employees with an experience they'll never forget.
- **INDUSTRY GROUPS & NETWORKS:** Build stronger business relationships while supporting a great cause.



## GET INVOLVED

If you're ready to redefine what corporate team-building and leadership development can look like, let's talk. Join us for a Hands bike ride and give your team an experience that will shape their professional and personal lives for years to come.

[CONTACT US](#) to explore how we can tailor this experience to your organisation.