



**HANDS
ACROSS THE WATER**

RIDE TO PROVIDE THAILAND

500KM IN 5 DAYS



Join a group of amazing individuals to cycle 500km across Thailand in 5 days to raise money and awareness for Hands Across the Water. This 'bucket list' experience will have profound personal and community benefits as well as lifelong impact to the children that Hands supports. You will embark on a journey like no other; raising funds and providing a life for those less fortunate and tackling and achieving a huge personal goal as you pedal 500km on a bike off the beaten track in Thailand. You will cycle through breathtaking scenery, vast landscapes and visit remote villages before arriving at one of our homes where you will meet the beautiful kids that you have worked hard to support.

HANDS ACROSS THE WATER

Founded following the 2004 Boxing Day Tsunami, Hands Across the Water cares for children in Thailand who are either abandoned, have lost their parents or are in a similar at-risk situation. Hands operates across seven locations and provides food, education and a loving home to more than 350 children, while supporting a further 40+ through university. 100% of all donations go directly to the kids; Hands Group - a social enterprise that sits next to the charity - generates income to fund the administration and marketing costs of the charity.

WHO CAN JOIN THE RIDE?

You can! Ride to Provide is an inclusive experience, meaning it is suitable for both beginner and seasoned riders. The goal is not to finish first, but to finish together. You can make this your own personal challenge or grab a bunch of friends and join as a team - whatever you decide you won't be disappointed and you definitely won't be left behind.

WHAT DO I NEED TO DO?

You will need to fundraise \$5,000 for Hands Across the Water and we strongly recommend training for the ride. Fundraising may seem daunting at first, but the team from Hands are here to help you every step of the way. With a bit of work and commitment you can reach, and even exceed your fundraising target, raising vital funds to allow the kids to live a life of choice.

**SIGN UP FOR A LIFE-CHANGING JOURNEY AT:
HANDSACROSSTHEWATER.ORG.AU**



**“WHATEVER EXPERIENCE
I’VE HAD IN MY LIFE, THIS
WAS PRETTY MUCH ALL OF
THOSE AMAZING THINGS
ROLLED INTO ONE.”**